



existential
knowledge
foundation



Awakening the 'NATURE' within us.

Re-imagining Learning...Farming...& Healing.

November 15-16-17

a three days retreat in the lap of nature.

Explore..



Natural LEARNING



Natural FARMING



Natural BIRTHING



Natural FOOD



Natural PARENTING



Natural HEALING

www.EKFoundation.in

ekfpune@gmail.com



For details Whatsapp
"nature" to 62 62 66 65 64



Venue: Sumiran Forest ,
50KM from Bhopal, MP ,India

Event Flow

Day

0

14th Nov

Arrivals by 7PM / Welcome meet at 8PM

Early Morning : Awakening to beauty around us

Morning : Rooting Session with Rajesh
Natural Learning with Jinan

Noon : Natural Farming with Bharat

Evening : Open space*

Night Meet : Language & landscapes with Narendra

Early Morning : Working with nature

Morning : Being in Beauty with Jinan
Natural Food with Bharat

Noon : Natural Healing with Saify Saraiya

Evening : Open Space*

Night Meet: Re-definitions with Narendra, Udayan

Early Morning : Awakening the inherent

Morning : Natural Birthing with Vinita
Natural Parenting with Jinan

Noon : Natural Healing with Dr. Monika Gupta

Evening : Carving the road back to Nature

Night Meet : Ranjana Ji experience sharing

Day 4

(18th Nov) - Departures morning 9AM

** During open space - healing sessions by Karan*

** participants may offer sessions * or just unstructured free time*

Event Team



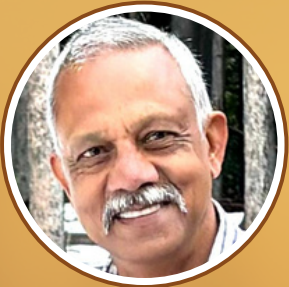
Bharat Mansata
Natural Farming



Jinan KB
Natural Learning
& Parenting



Dr. Monika Gupta
Natural healing



Rajesh Gupta
Nature and Ecology



Ranjana Baji
Natural Learning
& Parenting



Saify Sarriya
Natural healing



Vinita
Natural Birthing



Narendra
Nature and Life

Supported By

Saman and Karan Luthra - Natural Learning, Healing and Birthing
Shashi Bhushan Singh - Natural farming and learning
Kunal Kapoor - Nature, Biodiversity and Community
Gargi Bhale - Natural Parenting and Buildings
and a lot of our well wishers and friends.

Would you like to be part of the team or volunteer ?
Do drop in whatsapp message "Join hands" to 62 62 66 65 64.

Event Details

Accommodation

Contributions

Dorm Sharing (up to 8) common toilets

6500 per person
12000 per couple

Room Sharing (up to 3) attached toilets

9500 per person
16000 per couple

*children above 5 years of age at 50%

Additional Details

This is not a for profit event, the costing has been decided based on actual estimated expenses of stay, organic food, travel (of facilitators). Above cost is inclusive of stay, food, event participation (from 14th evening to 18th morning)

- **Scholarships , discounts available for those in need.**
- To ensure depth of experience, we discourage partial participation.
- Simple vegetarian food will be served with mostly organic ingredients and cold pressed oils.
- We will be sharing details about travel, things to get later with registered participants. Guests must arrive on 14th November , latest by 7PM and can leave on 18th by 9AM
- Cancellations before Oct 30th - 90% refund, before Nov 7th - 50% refund. No refunds for cancellations made after Nov 7th.

For any queries, collaborations or feedbacks please contact us at ekfpune@gmail.com or whatsapp us on +91 62 62 66 65 64.

We also have space for few volunteer scholarships (50%) to help us with the event. Kindly get in touch if interested.

REGISTER NOW



Visit

www.EKFoundation.in

About Sumiran

Space for ultimate manifestation of
reality in nature.



Learn Heal Celebrate

Sumiran is an open space with an invitation. For more than a decade now, friends of Sumiran have been working to bring to what it is now. From a barren land to one of the most vibrant eco-system in the area today, Sumiran has evolved as an canvas of endless possibilities.

Today Sumiran aspires to become a catalyst in the ultimate flowering of both nature and human beings. To know more about Sumiran journey , please see this [introduction video](#).

Sumiran today is working in the fields of Organic Farming, Natural Learning, Natural Healing (Medicine Free Life), Biodiversity, Eco-living, Rainwater Harvesting and various other nature allied activities.

Visit

 sumiran.org

Follow us

 [@sumiran.forest](https://www.instagram.com/sumiran.forest)

Email us

sumiran.forest@gmail.com

About EKF

**existential
knowledge**
foundation

From word to the world.

Existential knowledge foundation has been set up to understand why learning is central to life, what knowledge is required to sustain life and how human beings learn naturally. The foundation has been set up naturally in response to dealing with the various damages that modern schooling has been inflicting on almost all aspects of life including the very process of learning.

The Initiative has been holding dialogues, retreats, workshops to create awareness about the true nature of learning, the need for authenticity and originality, and the need for creating a conducive environment for the real development of children.

Visit

 ekfoundation.in

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@do_nothing_parenting



Email Us

ekfpune@gmail.com