



existential knowledge foundation

**7-day**

online Course

Two batches

11 AM to 12 PM IST

7 30 PM to 8 30 PM IST

# Being in Beauty

AWAKENING  
**AESTHETIC**  
AWARENESS



*from skill to Process*

*from teaching to awakening*

*from the known to the unknown*

*from self expression to selfless expression*

REGISTER [EKFOUNDATION.IN](http://EKFOUNDATION.IN)

ALL CHILDREN ARE BORN ARTISTS AS IT IS OUR BIOLOGICAL NATURE TO BE IN BEAUTY

# Re-imagining **ART**

## **BEING MINDFUL** – choicelessly

*Invitation is to relook at the very notion of art itself. Beauty and creativity are the fundamental principles of being alive. These are rooted in our biology, the original elements we are made of. Eliminating senses and beauty from our educational process has not only killed true creativity- creativity that enables us to create knowledge- but has also produced beauty-disabled people.*



*If we were to focus on the 'process' rather than teaching skills, we would acquire qualities related to OBSERVATION, patience and involvement. That would make us present, silent and hence meditative. With such an approach we directly connect to nature, establishing one to one relationship with the beauty around and this will naturally take to the realm of the unknown.*

**REGISTRATION : [www.ekfoundation.in](http://www.ekfoundation.in)**

# Being in communion; Being in Harmony

## FOR WHOM

- ❖ Anyone above 14 years
- ❖ Anyone who wants to be truly mindful
- ❖ Open to all - teachers, parents, education activists, psychologists, design and architecture students

## COURSE JOURNEY

1. *When did you stop being an artist? Addressing the fear of art and beauty*
2. *Encountering and Experiencing beauty- from rationality to intuition*
3. *Observation exercises- sensitising the senses*
4. *Light and shade- enabling sight*
5. *Edges, shapes, border- exploring lines*
6. *Hundred and one forms*
7. *Exploring colour in nature*
8. *Geometry in nature- experiencing the organizational principle*
9. *Texture- what you touch touches you*
10. *Negative space- Seeing what is absent*

*Awakened sense is the basis for all art forms. All art is result of direct experience. Rather than teaching skills to sing, paint, draw etc what needs to be done is to awaken the senses- to see, to hear, to observe, to feel, to touch, to move...*

<https://sensingnatureknowingnature.weebly.com/>



# Re integrating the aesthetic cognitive structures

Beauty is a dynamic configuration of appropriateness inherent in nature.

We are born aligned to this configuration. For people in indigenous communities where there is no 'teaching' keep up this alignment spontaneously and organically as they grow up. So naturally what they do turns out to be beautiful. Modernity, due to its mental preoccupation, derails us from this alignment.

Instead of awakening us to our inherent qualities, education in general and art education in particular conditions us to the mental construct called art and to its various theories on aesthetics.

Experience is replaced by mental myth making, senses are made dysfunctional and used as a tool for thinking!

## **COURSE HIGHLIGHTS :**

- ❖ Opportunity for deep enquiry into life, learning, beauty and ourselves.
- ❖ Non-expert dependent , non-teaching, learner centered approach
- ❖ Flexible and relaxed pace
- ❖ Participative and interactive in nature.
- ❖ Potential to transform your entire understanding of life, children, beauty.
- ❖ Open to all - teachers, parents, education activists, psychologists, design and architecture students, youth

## **COURSE CONTENT :**

- ❖ Role of senses in development of the sense of beauty
- ❖ Enabling the development of natural rhythm.
- ❖ Integration of cognitive and aesthetic structure
- ❖ Why it is important not to judge, also teach
- ❖ Why Art books for children are detrimental to their cognitive and aesthetic development
- ❖ Why drawing should not be understood as art
- ❖ Historical development of art education.

## Course Structure :

- ❖ 7 Sessions (**Oct 7 9 11 13 16 18 20** )
- ❖ Time : 11AM to 12 AM IST
- ❖ Time : 7 30 PM to 8 30 PM IST

After the introductory sessions participants need to immerse themselves in direct observation, exploration of their total context through drawing, shooting, coloring and making.

**MATERIALS-** Paper, Pencil, 5 poster colors (Black, white, red, blue, yellow)

- ❖ WhatsApp/ Email group for continuous learning and interaction within the group with the course facilitators during the course.
- ❖ Recordings to be shared in the WhatsApp group if required.

**Course Fee:** Rs. 5000 and \$75 For participants from abroad

Beauty is the door to the mystery of life. Try **NOT** to understand beauty with logic and the mind. Beauty can only be sensed, felt, enjoyed, immersed and lived



Jinan KB

An educationist/ designer whose area of expertise is in knowing how learning happens and the involvement of senses in the process of learning

His work is deeply influenced by aesthetics, and beauty in nature and life around us. He conducts workshops / retreats on initiating creativity, natural learning process, senses and aesthetic sensibilities, learning from children and nature and how to be sensitive, authentic & original



Existential  
Knowledge  
Foundation

The Foundation has been set up to understand why learning is central to life, what knowledge is required to sustain life and how human beings learn naturally. The foundation has been set up in response to dealing with the various damages that modern schooling has been inflicting on almost all aspects of life including the very process of learning.