

ONLINE COURSE OCT 24 - 31 NOV 7 14 - 11 AM to 12 IST



RESET

from ANTHROPO-CENTRIC
to NATURE-CENTRIC

Reclaiming the primacy of
SENSES, BODY & EXPERIENCE

CONTRIBUTION – PAY AS YOU LIKE
Registration : www.ekfoundation.in

RECLAIM RESET REBOOT

From known to the unknown

- reclaiming our original value system

From word to the world

- reclaiming our original cognitive system

Learning to see

- structurally sound but functionally damaged

Being Beauty

- the biological roots of aesthetics

Reclaiming the Verb

- the experiential nature of language

Re Rooting

- Being in experience

The objective of the workshop

is to experientially explore and reclaim our senses- the primary knowledge-making tools and to understand how we became alienated from our own biology. In other words, trace the journey that led to the making of the anthropocentric humans from their original nature-centric or biocentric being-ness. The modern man is alienated from life in a fundamental way which is evident from the nature of the modern beingness which is linear, fragmented, hierarchical, exclusionary as is evident from the way we use words and the way we respond to symptoms and hardly ever the cause. The use of the expressions such as inclusion, experiential learning, meaningful life, out of box thinking, life long learning, wholistic, etc. points to 'afterthoughts' as our response mechanism.

Course Overview

The self evident destruction of life around is the outcome of the denial of experience, body, the senses, and the feminine quality. Could what we are encountering be the result of cognitive crisis? Is this the result of denial of our natural ability to create life sustaining knowledge? Why are human beings trained to analyze secondhand information?

The workshop will provide an opportunity to understand the detrimental cognitive habits instilled by the screens- text and digital, to explore ways to de-school and unlearn these habits and to establish processes that are life-sustaining from the very start.

We will critically co-explore how the screens (the digital and the textual) have rewired our cognitive architecture, reshaped our behavior, and alienated us from life.

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The **PROCESS** will revolve around grounding participants into the sensory mode and reclaiming 12th -century skills to address the **21st Century needs**.

The course attempts to draw the participants' attention to their own attitude, aptitude and skills so that they can be on a path of constant self-discovery.

It will also involve shaking up preconceived notions and working towards breaking habits that restrict independent exploration and real critical thinking.



Existential Knowledge Foundation

has been set up to understand why learning is central to life, what knowledge is required to sustain life and how human beings learn naturally. The foundation has been set up naturally in response to dealing with the various damages that modern schooling has been inflicting on almost all aspects of life including the very process of learning. www.existentialknowledgefoundation.org

Jinan considers himself a victim of modernity, cognitively rewired to understand the written word instead of the real world. He considers cognitive right the most fundamental right which modern society brutally takes away right from childhood. His life with illiterate communities helped him to expand this exploration to include knowledge creation and to shift the focus from sociological aspects to the biological roots of cognition and the formation of our sense of beauty. Another fundamental shift that brought in more clarity was shifting his enquiry from how to teach children to how do children learn. This question revealed the connection between our biological potential and the contextual dictates- between the world and the word, one of awakening and the other of conditioning. He believes that in order to understand the modern crisis we will have to revisit childhood studies and the biological roots of cognition. www.jinankb.in

